

Card & game groups listed are FREE and open to all adults. Drop in and join us for BRAIN FITNESS!

***Brain fitness** is our brain's ability to strengthen and promote connections in the brain to maintain important brain functions.*

***Brain fitness** activities contribute to improved mental and physical health.*

4th Wednesday Cards

Facilitator: Janet Fasick, 12:30 p.m. - 5:00 p.m. Bring cards and friends and play the game of your choice.

Hand N Foot - A Form of Canasta

Facilitator: Freeman Totten, Mondays, 12:30 p.m. - 4:00 p.m.

Open Canasta

Instructor/Facilitator: Freeman Totten, Fridays, 12:30 p.m. - 4:00 p.m.

Mexican Train Dominos

Instructor/Facilitator: Wilma Price, 2nd & 4th Tuesday
12:30 p.m. - 4:00 p.m.

Scrabble

Facilitator: Carolyn Arnold, 1st Thursday, 12:30 p.m.

4th Friday Bridge

Facilitator: Ann Griffin, 10:00 a.m. - 1:00 p.m.

Shanghai Rummy

Facilitator: Janet Fasick, 1st Wednesday, 2:00 p.m. - 5 p.m.

Card & Game Party

Held twice a year. Check the Center Post Newsletter for details!



**THE
ENRICHMENT CENTER**

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Making Every Day a Great Day